



lil' melodies

CREATIVE CAMP

For girls 12 -16 years

www.lilmelodies.com

Thank you for your interest in Creative Camp being held on the 23rd – 24th September 2021. Below you will find more information about the camp, its facilitators and how to register.

Creative Camp is the ultimate self-expression camp for girls aged 12 -16!

This amazing two-day camp, provides a fun and relaxing escape to immerse in creativity and discover new and exciting interests.

Together, we want to show young girls that they are important. We want to teach them to make the time to honour themselves and their creative spirits.

Creative Camp will include:

Ukulele

Dance (Hip Hop)

Poetry

Art

Yoga

Meditation

Free downtime for tennis, table tennis, mini golf, games, and walks etc.

MEET THE TEAM

The children will get to participate in many activities, and we believe we have the best team to facilitate fun and learning.

AMY GRAY – LIL' MELODIES



Amy Gray is the owner and Director of Lil' Melodies and the creator of the Creative Camp.

Amy is an award winning Kindermusik educator who has been recognised as one of the top educators in Australia for the last 8 years. Amy is also a Djembe drum circle facilitator, songwriter and has been teaching ukulele for 9 years and playing music for over 20 years.

Amy is passionate about all things music and believes music has the power to change your life for the better.

KATE BOWER – MRS FLANNELETTE



Kate is our amazing artist!

Best known as Mrs Flannelette (due to her intense love of pyjamas), Kate has been teaching art and lettering workshops around the Riverina for several years.

Teaching art is one of Kate's greatest loves in life. She is bursting with enthusiasm to be part of the Creative Camp and has heaps of exciting projects to unleash.

Kate is particularly excited to ignite a lifelong interest in creativity, as she knows how enormous its positive impact can be throughout all stages, challenges, and milestones in life.

SARA STOCKMAN – POSITIVELY GROWING



Sara is the mindful guru!

Enabling herself and others to develop inner calm, self-value and kindness is the goal for Sara Stockman, creator and Director of Positively Growing. Inclusively, positively and with respect, Sara's sessions aim to meet individual and group needs so that all may have exposure to life skills culminating in their own personal drive to positively grow!

As well as a Sivananda Yoga Teacher trained in India, and Early Childhood professional and co-Director of Pyramid Model Australia Inc, Sara feels incredibly lucky to be the Australian Trainer for Relax Kids.

Sara is a passionate coach herself and finds sharing yoga and Relax Kids with children, adults, and communities to be awesome and rewarding.

PEITA VINCENT – WRITER



Peita Vincent is our resident wordsmith.

For as long as she can remember, Peita wanted to write. Her love of the written word began when she started writing poems, song lyrics and short stories in primary school, and it has served her well in a 20-year career spanning journalism and marketing.

Peita makes her living as a brand and community storyteller and she is at her best bringing stories to life.

She cannot wait to share her love of poetry with the girls and help them tap into their own love of language.

MARLO OLSEN – DANCE TEACHER



Marlo sang and danced in the Civic Theatre's production of Legally Blonde, as a supporting lead, as well as Music at Midday performances, and charity cabaret shows in both Wagga and Junee. Although she grew up nearby in Temora, prior to moving to Wagga she performed in plays and stage productions and danced in music videos in Sydney.

As well as having worked as a dance teacher in both studios and primary schools across the region, Marlo also runs her own digital marketing business from home and would like to continue to grow the creative side of her business, implementing a dance program in local primary and pre-schools.

***ALL STAFF AND HELPERS HAVE A CURRENT WORKING WITH CHILDREN CHECK.**

THE VENUE

Creative Camp will be held at the Borambola Sport & Rec Centre, 1980 Sturt Highway, Borambola, NSW 2650.

Just two and a quarter hours west of Canberra, Borambola Sport & Rec Centre is nestled in the heart of the Riverina farming country, close to Wagga Wagga. Borambola Sport & Rec Centre enjoys a peaceful setting on the banks of Tarcutta Creek. Dominated by flat plains and big skies, large gums dot the landscape and native animals abound, while a mild warm climate prevails year-round.



COST & INCLUSIONS

\$495 per child (5% discount for siblings)

Deposit of \$200 (non-refundable after 12th August) is required to secure a spot.

The remaining amount of \$295 is to be paid in full by the 12th August 2021.

***If you cancel your registration for the camp within 4 weeks of the event, there are strictly NO REFUNDS on the full amount.**

INCLUSIONS

- All food (breakfast, lunch, dinner & snacks for both days).
- Dormitory-style lodge accommodation for one night.
- All activities including all equipment needed for the entire camp.
- An experience of a lifetime!

***The only thing we do not include is linen. This camp is BYO linen.**

MENU (EXAMPLE)

This is just an example of the menu we will be providing for the camp. Some foods may change but this will give you an idea. The set menu will be emailed once confirmed.

BREAKFAST

- Bacon and Egg rolls
- Continental breakfast

LUNCH

- Fish and Chips: Oven baked crumbed fish and chips with a tossed salad
- Sandwiches or salad bowl: Bread (wholemeal or multigrain) Assorted lean meats and salad (lettuce, tomato, beetroot, grated carrot, and cucumber).

DINNER

- Chicken Schnitzel: Chicken schnitzel, wedges, and mixed vegetables with gravy.
- Lasagne: Lasagne, carrots, beans, corn cob and garlic bread.

SNACKS & DESSERT

- Fruit (apples, oranges, etc. are available every day).
- Low fat ice-cream cups or apple crumble and custard.

STANDARD FOOD INCLUSIONS

- Selection of cereals, reduced fat yoghurt, fruit, assorted toasts (multigrain, wholemeal, and raisin), condiments (e.g., margarine, jams, etc.), and low-fat milk.
- Fruit (apples, oranges, etc. are available every day).

FREQUENTLY ASKED QUESTIONS

Q. Can my child be buddied up with a friend for accommodation?

A. Yes! You can nominate one person to share your accommodation with, so you know someone in your room. We will do our best to accommodate this. You will need to email us.

Q. What if my child still has issues around bed wetting?

A. No problems. All the mattresses have water resistant protectors and we will handle any accidents very discretely.

Q. What do we need to bring to camp?

A. We will email a camp checklist 4 weeks before the event.

Q. Can I use the Creative Kids Voucher for the camp?

A. YES. This voucher will take \$100 off your camp fees!. Click on the link below to register for a voucher.

<https://www.service.nsw.gov.au/campaign/creative-kids>

Q. Does my child need any experience in music, dance, writing, art & yoga to attend?

A. Absolutely not. All children are welcome.

Q. Do I need to complete the Medical and liability form if my child does not suffer from a medical condition or disability?

A. Yes! All children attending must have this form completed.

The Medical form will be issued once deposit has been received.

HOW TO REGISTER & PAY

Camp registrations will open in May 2021 via the website. There is only one option to pay for Creative Camp and that is via a bank transfer. This cuts out unwanted fees.

Once you have registered for the camp, we will email you an invoice with payment details.

***Once we receive your payment/deposit you will have your spot secured. Total amount of camp needs to be paid in full by the 12th August 2021.**

***Remember – Your deposit is non-refundable if you cancel your registration after 12th August. Your full payment will also be non-refundable if you cancel within 4 weeks of the camp start date.**