



Benefits of Online Classes For Parents:

- Maintaining routines and rituals. Children thrive with routines, it grounds them and gives them emotional security. In a world changing by the hour, this gives them the stability of familiarity and constancy.
- Helps parents with ideas to use at home when children don't have the normal range of activities available
- With the use of home materials, parents have the tools to have music making activities each day. These will be more important than ever for grounding their child and providing ideas.
- Music heals and calms
- Children are taking everything on board. They hear adults speaking and are exposed to the media but don't interpret things the same way adult brains do. This can lead to higher anxiety and emotional stress.
- Children need to continue learning even though the world is shutting down
- Online may provide more options for class times and frequency of classes
- Provides Mums with an opportunity to connect with other Mums when they may be feeling more isolated than usual
- They still get to connect with friends and the teacher they are used to seeing (familiarity)
- Safer – families are not out in public so can limit exposure
- Parents who normally only get to participate in sharing time at the end, now get to see the whole class
- Siblings can participate as well.
- Older siblings who used to attend Kindermusik love doing the activities and seeing their old Kindermusik educator. Brings back familiar and positive emotional connections and memories
- They can use things around the house
- During the winter cold/flu season, they can still participate in classes where they would normally miss them in a studio setting
- Shy children may tend to talk more
- While home may provide different distractions, they are away from distractions they have in the normal class setting
- Don't have to drive there so if you are running late because a child just woke up, you can be in class in a matter of minutes